

Core Competencies of Clinical Psychology

Graduate Students Must Meet These Competencies at the "Meets Expectations" Level or Better

Foundational Competencies

Reflective Practice/Self-Assessment: Practices within the boundaries of competencies; demonstrates commitment to lifelong learning; engages with scholarship; capable of critical thinking; demonstrates a commitment to the development of the profession

- Reflective Practice
- Self-Assessment and Self-Care
- Professionalism

Scientific method: Demonstrates a respect for scientifically derived knowledge; understands research and research methodology; understands biological bases of behavior, cognitive-affective bases of behavior, and lifespan human development

- Scientific Mindedness
- Knowledge

Relationships: Demonstrates capacity to relate effectively and meaningfully with individuals, groups, and/or communities

- Interpersonal Relationships
- Intra-disciplinary Relationships

Individual/Cultural diversity: Awareness and sensitivity in working professionally with diverse individuals, groups and communities who represent various cultural and personal background and characteristics.

- Self-Awareness
- Applied Knowledge

Ethical/Legal Standards: Application of ethical concepts and awareness of legal issues regarding professional activities individuals, groups, and organizations. Advocating for the profession.

- Knowledge
- Ethical Conduct (including application of ethical decision making)

Interdisciplinary Systems: Professional and competent cooperation with colleagues and peers in related disciplines.

- Understanding the shared and distinctive contributions of other professions
- Knowledge of key issues and concepts related to the work of other professionals.
- Respectful and productive relationships with individuals from other professions.

- Intervention Implementation
- Progress evaluation

Consultation: The ability to provide expert guidance or professional assistance in response to a client's needs or goals.

- Role Knowledge
- Addressing Referral Question

Research/evaluation: The generation of research that contributes to the scientific knowledge base and/or evaluates the effectiveness of various professional activities

- Scientific Approach to Knowledge Generation
- Application of Scientific Method to Practice

Supervision: Supervision and training of professionals

- Knowledge of models and approaches
- Knowledge of ethical and legal issues
- Awareness of factors affecting quality of supervision

(Optional) Teaching: Demonstrates rudimentary understanding of teaching theories, and has gained some relevant experience in teaching.

- Knowledge of models and approaches
- Proficiency

Possible Sources of Evaluation

- course performance
- curriculum-related scholarly products (e.g., coursework papers, proposals, contributions to discussions, test performance)
- scholarly work products (e.g., presentations, critiques of manuscripts, peer review of presentations)
- observation of ethical and culturally-sensitive behaviors and decision making in professional activities
- successful completion of coursework
- demonstrates ethical understanding and behavior in research
- successful completion of coursework
- extra-curricular scholarly experiences (e.g., publications, presentations, papers)
- performance on master's, DQE and dissertation
- assessment of student's ability to think scientifically about cases
- discussion of clinical case vignettes
- case presentations
- performance in interviews
- in vivo observation
- performance and behaviors in coursework
- quality assurance review of clinical documentation
- review of case conceptualization report
- simulations and/or role plays in courses and evaluation milestones
- supervisory evaluation

FOUNDATIONAL COMPETENCIES

COMPETENCY: Reflective Practice/Self-Assessment -- Practices within the boundaries of competencies; demonstrates commitment to lifelong learning; engages with scholarship; capable of critical thinking; demonstrates a commitment to the development of the profession)

Does not meet expectations Meets expectations

COMPETENCY: Scientific method -- Demonstrates a respect for scientifically derived knowledge; understands research and research methodology; understands biological bases of behavior, cognitive-affective bases of behavior, and lifespan human development.

___ Does not meet expectations ___ Meets expectations ___ Exceeds expectations

Minimally competent, but does not meet expectations	Meets or exceeds expectations
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Scientific Mindedness

<p>Critical scientific thinking Able to perform scientific critique of literature Able to evaluate study methodology and scientific basis of findings Willing to present work for the scrutiny of others</p>	<p>Values and applies scientific methods to professional practice Articulates issues derived from the literature in supervision and case conference Formulates appropriate questions regarding case conceptualization Generates hypotheses regarding own contribution to therapeutic process and outcome Able to perform scientific critique of literature Able to evaluate study methodology and scientific basis of findings</p>
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Knowledge

<p>Understanding of psychology as a science Demonstrate understanding psychology as a science including basic knowledge of the breadth of scientific psychology Able to evaluate scholarly literature on a topic</p>	<p>Knowledge of core science Demonstrate knowledge of and respect for scientific bases of behavior</p>
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COMPETENCY: Relationships -- Demonstrates capacity to relate effectively and meaningfully with individuals, groups, and/or communities

_____ Does not meet expectations _____ Meets expectations _____ Exceeds expectations

Minimally competent, but does not meet expectations	Meets or exceeds expectations
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Interpersonal Relationships

Listens and is emphatic with others
 Respects and shows interest in others' cultures, experiences, values, points of view, goals and desires, fears, etc.
 Demonstrates skills verbally and non-verbally.
 Open to feedback

Involved in departmental, institutional, or professional activities or governance
 Forms effective working alliance with clients
 Forms a

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COMPETENCY: Ethical-legal standards-policy -- Application of ethical concepts and awareness of legal issues regarding professional activities individuals, groups, and organizations. Advocating for the profession.

_____ **Does not meet expectations** _____ **Meets expectations**

COMPETENCY: Interdisciplinary systems -- Professional and competent cooperation with colleagues and peers in related disciplines.

_____ Does not meet expectations

_____ Meets expectations

_____ Exceeds expectations

Minimally competent, but does not meet expectations	Meets or exceeds expectations
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Understanding the shared and distinctive contributions of other professions

Beginning, basic knowledge of the viewpoints and contributions of other professions/ professionals

Demonstrates knowledge and valuing of roles, functions and service of

FUNCTIONAL COMPETENCIES

COMPETENCY: Psychological Evaluation -- Assessment, diagnosis and conceptualization of problems and issues of individuals, groups, and/or organizations

____ Does not meet expectations ____ Meets expectations

COMPETENCY: Psychological Interventions -- Interventions designed to alleviate suffering and to promote health and well-being

____ **Does not meet expectations** ____ **Meets expectations** ____ **Exceeds expectations**

Minimally competent, but does not meet expectations	Meets or exceeds expectations
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Knowledge of Interventions

COMPETENCY:

COMPETENCY: Supervision -- Supervision and training of professionals

_____ Does not meet expectations _____ Meets expectations _____ Exceeds expectations

Minimally competent, but does not meet expectations	Meets or exceeds expectations
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Knowledge of models and approaches

Basic knowledge of expectations for supervision Demonstrates basic knowledge of supervision Students know their roles and responsibilities in the process Students are able to engage in goal setting with respect to practicum	Knowledge of purpose, roles and goals of supervision. Successful completion of supervision coursework Successful completion of practicum placements supervision Successful completion of doctoral comprehensive examinations
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Ethical and Legal Issues

COMPETENCY: Teaching -- Demonstrates rudimentary understanding of teaching theories; has gained some relevant experience in teaching.

_____ **Does not meet expectations**

_____ **Meets expectations**

_____ **Exceeds expectations**

Minimally competent, but does not meet expectations	Meets or exceeds expectations
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Knowledge of models and approaches

Basic knowledge of teaching theories

Basic understanding of didactic strategies