

Resilience in LGBTQ+ Catholic Young Adults

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1. To study LGBTQ+ identity formation in Catholic LGBTQ+ young adults.
2. To compare the assets and resources present in LGBTQ+ young adults who choose to continue or discontinue practicing Catholicism.

Research has been conducted on resilience in LGBTQ+ individuals, LGBTQ+ identity formation, and Catholic LGBTQ+ identity formation, but little is known about the relationship between all three. This study looks to analyze these topics through the lens of resilience in order to better understand the co-existence of Catholic and LGBTQ+ identities within the individual.

Assets Regulatory Strengths

Coined by Jeremy Gibbs and Jeremy Goldbach, religious identity dissonance stems from cognitive consonance and cognitive dissonance. Cognitive consonance occurs when an individual's values and beliefs coincide with each other, while cognitive dissonance occurs when these values and beliefs conflict. Therefore, Religious identity dissonance refers to the identity conflict Catholic LGBTQ+ persons face when integrating their religious and sexual identities.

When looking at the data table, the significances found between the LGBIS and RASS variables may represent the presence of religious identity dissonance within the participants.