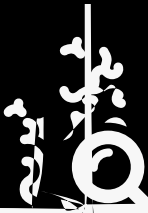


What is:

Following instructions about y



Why important?

to receive, understand and communicate basic health information and services

Your health literacy impacts your ability to navigate the health care system:

- ✓ Filling out complicated forms
- ✓ Finding the right providers and services
- ✓ Sharing important health information with your doctors
- ✓ Making decisions about your care



Approximately 12% of adults*



