

# **Zori A. Paul, Ph.D.**

(She/Her/Hers)

*Department of Counselor Education and Counseling Psychology*  
Marquette University

## **EDUCATION**

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### **Doctor of Philosophy in Counselor Education**

May 2022

University of Missouri – St. Louis (CACREP accredited), St. Louis, MO

### **Master of Arts in Clinical Mental Health Counseling**

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- Recipient, UMSL Outstanding Doctoral Counselor Education Student, 2021
  - Fellow, NBCC Doctoral Minority Fellowship Program, 2021-2022
  - Recipient, UMSL College of Education Doctoral Student Dissertation Scholarship, 2021

- Recipient, The Family Institute's Counseling Capstone Conference Outstanding Presentation Award, 2018

## **RESEARCH EXPERIENCE**

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**Independent Researcher – Black and White Latinx Identity Invalidation** July 2020 – present  
University of Missouri-St. Louis, Stony Brook University, Syracuse University, Nova Southeastern University

- Constructed identity invalidation theoretical model for Black and White Latinx populations
- Contributed on writing an article proposal on identity invalidation model to a peer-reviewed journal

**Principal Investigator – Bisexual+ Women of Color** January 2019 – present  
University of Missouri – St. Louis

- Constructed, implemented, and presented research on body surveillance mediating the relationship between internalized biphobia and internalized racism, respectively, and body dissatisfaction bisexual+ women of color
- Applied and assessed generalizability of new bisexual specific surveys on previously untested populations
- Presented findings of initial study at a national conference and submitted manuscript to a scholarly peer-reviewed journal

**Independent Researcher - #MeToo Impact** May 2018 – present  
University of Missouri – St. Louis

- Created and collected survey data for research focusing on resilience and connectedness in women of color after the #MeToo movement
- Participated with a team of researchers to create several different studies focusing on the impacts of the #MeToo movement in different domains of society

**Independent Researcher – Counselor Education Mentorship** May 2018 – present  
Northwestern University

- Joined a team of counselor educators from several institutions to investigate and develop a grant funded model on rupture and repair in counseling mentorship
- Prepared research proposals for national grants and conferences and drafted manuscript on a multicultural feminist approach to mentorship

**Independent Researcher – Women's Loss and Resilience** September 2018 – present  
University of Missouri – St. Louis

- Collaborated with an interdisciplinary team of doctoral students and faculty in investigating self-censorship in women.
- Co-led participants of the group for black participants' self-censorship.
- Aided in literature review and in promoting participation in the study

**Graduate Research Assistant – St. Louis School Desegregation** August 2018 – August 2019  
University of Missouri – St. Louis

- Assisted principal investigator in St. Louis school desegregation program research and article reviews.
- Conducted and coded interviews of study participants.
- Prepared and presented findings with superintendents of the St. Louis Public Schools and residents of the St. Louis community.

### **PEER-REVIEWED PUBLICATIONS**

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**Paul, Z. A.** (2022, August 4 – 6). Understanding Affirming Identity Variables and Social Appearance Anxiety with Bi+ Women of Color. In E. McCabe (Chair), *Division 44 Committee on Bisexual Issues Research Symposium* [Symposium]. Proposal accepted by the American Psychological Association 2022 Convention, Minneapolis, MN.

session]. Proposal accepted to the 2021 American Counseling Association Conference Virtual Conference.

**Paul, Z. A.**, Gallardo, D., Dipre., K.A., Pryor, J. (2020, October). *A Pilot Study on Rupture and Repair in Counseling Mentorship* [Conference session]. Proposal accepted to the North Central Association for Counselor Education and Supervision Conference, Omaha, NE.  
<http://ncaces20.ncaces.org/> (Conference canceled)

**Paul, Z. A.** (2020, August 6 - 9). *Endarkening the Rainbow: Bisexual+/Plurisexual Women of Color and Body Satisfaction* [Poster presentation]. American Psychological Association Conference, Washington D.C., United States. <https://convention.apa.org/>

Gallardo, D., Dipre, K.A., **Paul, Z. A.**, & Pryor, J. (2020, June). *Repairing Mentorship Relationships in Cross-Cultural Dyads* [Conference presentation]. Presented at the Association for Multicultural Counseling and Development Virtual Summit, online.

Morris, J.E., McGowan, W., **Paul, Z.**, & Simon, T. (2019, August). “*Switching for Survival*”: *Piercing the Social-Emotional Experiences of Black Students in St. Louis’s Desegregation Program*. Presented at the American Sociological Association Conference, New York, NY.

**Paul, Z.** (2018, May). *Endarkening the Rainbow: Bisexual Women of Color and Body Image*. Session presented at the second annual Northwestern University Counseling Program Capstone Conference, Evanston, IL.

## **TEACHING EXPERIENCE**

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### **Doctoral Co-Instructor**

May 2021 – August 2021

*CNS ED 6860 Human Sexuality in Counseling*

University of Missouri-St. Louis

- Co-created syllabus and related presentations and assignments adhering to CACREP standards
- Cultivated masters-level counseling students’ understanding of sexuality and evidence based and ethical practices to use with their clients
- Presented class lectures on relevant topics related to human sexuality and counseling

### **Doctoral Instructor**

January 2021 – May 2021



- Developed workshops focusing on child and family mental well-being for Midtown Community Center

### **PCIT-ED Therapist**

July 2019 – present

Jennings School District, Washington University, Harvard University

- Aided, assessed, and implemented new THRIVE program based on PCIT-ED teachings.
- Provided the emotional development model of the parent-child interaction therapy (PCIT-ED) to families of the Jennings School District with depression, anxiety, and/or behavioral problems.
- Modified and formatted PCIT-ED manual.
- Aided in the partnership between the Jennings School District, Washington University, and St. Louis Urban League.
- Processed and developed treatment plans with site supervisor and national PCIT supervisor.

### **Therapist-In-Training**

August 2018 – June 2020

Counseling and Social Advocacy Center (CSAC) at UMSL, St. Louis, MO

- Provided psychodynamic founded therapy to adults associated with the campus and/or surrounding community.
- Develop treatment plans, created session notes, and had weekly supervision for an hour each week.

### **Counseling Intern**

August 2017 – June 2018

Highland Park High School, Highland Park, IL

- Provided psychodynamic and CBT based therapy for Highland Park High School's Drop-In Center working with ethnically/racially and socioeconomically diverse adolescent students with anxiety, depression, life changes, and other mental health issues.
- Led several groups for students: Latinx girls, Black students, and students dealing with depression and anxiety.
- Processed and developed treatment plans with site supervisor once a week for an hour and with two weekly team meetings

### **Therapist-In-Training**

August 2016 – June 2017

The Family Institute at Northwestern, Chicago and Evanston, IL

- Provided psychodynamic therapy to clients between the ages of 22 to 43 with anxiety, depression, life changes, and other mental health issues under a licensed supervisor.
- Created client case conceptualizations, developed and implemented treatment plans, and created progress notes through the TIER system.
- Participated in triadic supervision for an hour and a half once a week.

### **Counseling Intern**

August 2016 – June 2017

Mental Health Human Rights Clinic at Northwestern, Evanston, IL

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## **SUPERVISION EXPERIENCE**

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### **Practicum Supervisor**

August 2019 – July 2020

Counseling and Social Advocacy Center (CSAC) at UMSL, St. Louis, MO

- Supervised counselors-in-training in both school and clinical practicums.
- Reviewed supervisees' clinical recordings and progress notes.
- Assessed and discussed supervisees' professional development with practicum instructor.

## **INVITED PRESENTATIONS, WEBINARS, AND WORKSHOPS**

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**Paul, Z. A.** (2021, October). *Women+ of Color Project Graduate School Workshop: Sexuality and Gender Identity*. The Women+ of Color Project. Webinar to W+OCP participants, virtual.

**Paul, Z. A.** (2021, September). *Ethical Social Media Use in Counseling*. Presentation Lindenwood University Counseling Ethics Course, St. Charles, MO.

**Paul, Z. A.** (2021, July). *Back to School Mental Wellness*. Presentation to Family Pride members at Midtown Community Service, St. Louis, MO.

**Paul, Z. A.** (2021, May). *Using Social Media for Research Data Collection*. Presentation to UMSL Counseling Research Seminar Course, St. Louis, MO.

**Paul, Z. A.** (2020, October). *Parent-Child Interaction Therapy (PCIT)*. Presentation to UMSL Counseling Children and Adolescent Development Class, St. Louis, MO.

**Paul, Z. A.** (2020, October). *Ethical Social Media Use in the Counseling Profession*. Presentation to UMSL Counseling MEd Ethics Class, St. Louis, MO.

**Paul, Z. A.** (2020, April). *#UMSL Counseling: Ethical Faculty Social Media Use*. Presentation to UMSL Counseling Faculty at the University of Missouri – St. Louis, Saint Louis, MO.

**Paul, Z. A.** (2020, February). *LGBTQIA+ Students in the Art Classroom*. Presentation to Preservice Teachers at the University of Missouri - St. Louis, Saint Louis, MO.

Somerville, T., & **Paul, Z. A.** (2020, February). *Parent Mental Health*. Monthly Workshop presented the Counseling and Social Advocacy Center @ UMSL, Saint Louis, MO.

Cables, E., & **Paul, Z**

Black in Physics. (2020, October 29). *Remaining Confident on the Road to Tenure* [Video]. YouTube.  
<https://youtu.be/6xOemV2XWOQ>

## **LEADERSHIP & SERVICE**

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### **Professional**

- *AARC 2022 Conference Proposal Reviewer, 2022*
- *Research and Scholarship Committee Member, SAIGE, 2021 – present*
- *Social Media Co-Manager and Conference Proposal Reviewer, North Central ACES, 2021 – present*
- *Graduate Student Committee Member, North Central ACES, 2021 – 2022*
- *Co-*

- Member, ACA Counselors for Social Justice (CSJ) 2021 – present
- Member, ACA Association for Assessment and Research in Counseling (AARC) 2021 – present