

SARAH KNOX



*Department of Counselor Education and Counseling Psychology:*

Director of Training, Counseling Psychology doctoral program, ~~2010~~, 2006-2009

Administrative Team, 2010-2017

COPS Training Committee, 1999-present

CECP Faculty Search Committee, 2014, 2015, 2016

Admissions Committee, Chair 2005, 2003-04; Member 2004-05, 2002-03

Faculty Search Committee 2010-2011; 2004-2005

Scholarship Committee, 2011-13, 2009-10, 2006-07, 2003-2004

Ad Hoc Student Review Committee, 2001

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External Reviewer for Tenure/Promotion

Dr. Amy Badura Brack, Creighton University, 2012  
Dr. Jessica Martin, SUNY Albany, 2016

PUBLICATIONS

Post-tenure:

Knox, S., Goertz, M., Mak, T., Pinto-Guelho, K., & Hill, C. E. Supervisees' experiences of immediacy in supervision. (In press, *Journal of Psychotherapy Integration*).

Knox, S., Miller, C., Twidwell, R. E., & Knowlton, G. Clients' perspectives on failed therapy. (In press, *Psychotherapy Research*).

Knox, S., Callender, K., Mak, A., Skaistis, S., & Knowlton, G. (2022). How graduate student or recent graduate psychotherapists experience and manage errors in psychotherapy. *Counselling Psychology Quarterly*

~~Knox, S., Callender, K., Mak, A., Skaistis, S., & Knowlton, G. (2022). How graduate student or recent graduate psychotherapists experience and manage errors in psychotherapy. *Counselling Psychology Quarterly*~~

Duan, C., Knox, S., & Hill, C. E. (2018). Advice in psychotherapy. MacGeorge, E.L., & Van Swol, L.M. (Eds), *The Oxford Handbook of Advice* (pp. 175-196). Oxford, UK: Oxford University Press.

Hill, C.E., Knox, S., & Pinto-Coelho, K.G. (2018). Therapist self-disclosure and immediacy: A qualitative meta-analysis. *Psychotherapy* 55 (4), 445-460.

Iwakabe, S., & Knox, S. (2018). Editorial. *Counseling Psychology Quarterly*, 31 (4), 407.

- Hess, S. A., Knox, S., Hill, C. E., Byers, T., & Spangler, P. (2014). Exploring the dreams of hospice workers. *American Journal of Hospice and Palliative Medicine*, 31(7), 374-379. 10.1177/1049909113487253.
- Hill, C. E., Knox, S., Crook-Lyon, R. E., Hess, S. A., Miles, J., Spangler, P., & Pudasaini, S. (2014). Dreaming of you: Client and therapist dreams about each other during psychodynamic psychotherapy. *Psychotherapy Research*, 24, 523-537.
- Knox, S., Caperton, W., Phelps, D., & Pruitt, N. A qualitative study of supervisees' internal representations of supervisors. (2014). *Counselling Psychology Quarterly*, 27, 334-352.
- Kozlowski, J. M., Pruitt, N. T., DeWalt, T. A., & Knox, S. (2014). Can boundary crossings in clinical supervision be beneficial? *Counseling Psychology Quarterly*, 27, 100-106.
- Knox, S. (Ed.). (2014). The effects of psychotherapy on the psychotherapist [Special issue]. *Journal of Clinical Psychology: In Session*, 70 (8).
- Knox, S., Inman, A., Schlosser, L. Z., Sokol, J., Nillson, J., & Wang, Y. (2016). International advisees' experiences of the doctoral advising relationship. *International Perspectives in Psychology: Research, Practice, Consultation*, 2, 46-61.
- Knox, S., & Burkard, A. W. (2013). Qualitative research interviews: An update. In W. Lutz & S. Knox (Eds.), *Quantitative and qualitative methods in psychotherapy research* (pp.342-354). Oxford: Routledge.
- Knox, S., & Timulak, L. (2013). Editorial. *Counselling Psychology Quarterly*, 26, 225-226.
- Hill, C. E., Lystrup, A., Kline, K., Gebru, N. M., Birchler, J., Palmer, G., Robinson, J., Um, M., Griffin, S., Lipsky, E., Knox, S., & Pinto-Coelho, K. (2013). Aspiring to become a therapist: Personal strengths and challenges, influences, motivations, and expectations of future psychotherapists. *Counselling Psychology Quarterly*, 26, 267-293.
- Hill, C. E., & Knox, S. (2013). Training and supervision in psychotherapy. In Lambert, M. J. (Ed.), *Bergin and Garfield's Handbook of psychotherapy and behavior change*, 6<sup>th</sup> ed. (pp. 775-811) Hoboken, NJ: Wiley and Sons, Inc.
- Burkard, A. W., Knox, S., & Hill, C. E. (2012). Data collection methods in CQR. In Hill, C. E. (Ed.) *Consensual qualitative research: A practical resource for investigating social science phenomena* (pp. 83-101) Washington DC: American Psychological Association.
- Burkard, A. W., Knox, S., & Hill, C. E. (2012). Ethical considerations in CQR. In Hill, C. E. (Ed.) *Consensual qualitative research: A practical resource for investigating social science phenomena* (pp. 201-212) Washington DC: American Psychological Association.
- Hill, C. E., Knox, S., & Hess, S. A. (2012). Qualitative meta-analysis in CQR. In Hill, C. E. (Ed.) *Consensual qualitative research: A practical resource for investigating social science phenomena* (pp. 159-171) Washington DC: American Psychological Association.





Knox, S., & Burkard, A. W. (2009). Qualitative research interviews. *Psychotherapy Research, 19*, 566-575.

Hill, C. E., & Knox, S. (2009). Processing the therapeutic relationship. *Psychotherapy Research, 19*, 13-29.

Burkard, A. W., Knox, S., Hess, S. A., & Schultz, J. M. (2009). Lesbian, gay, and bisexual supervisees' experiences of LGB-affirmative and nonaffirmative supervision. *Journal of Counseling Psychology, 56*, 176-188.

Knox, S. (2008). Self-disclosure. In F. T. L. Leong, H. E. A. Tinsley, & H. Lease (Eds.), *Encyclopedia of counseling* (pp. 851-852). Thousand Oaks, CA: SAGE Publications.

Knox, S. (2008). Clara E. Hill. In F. T. L. Leong, H. E. A. Tinsley, & S. H. Lease (Eds.), *Encyclopedia of counseling* (pp. 632-633). Thousand Oaks, CA: SAGE Publications.

Hill, C. E., & Knox, S. (2008). Facilitating insight in counseling and psychotherapy. In R. Lent & S. Brown (Eds.), *Handbook of Counseling Psychology, 4th ed.* (pp. 112-120). Thousand Oaks, CA: SAGE Publications.

Hill, C. E., Knox, S., Hess, S. A., Crookson, R., Goates, M., & Sim, W. (2007). The attainment of insight in the Hill Dream Model: A case study. In L. G. Castonguay & C. E. Hill (Eds.), *Insight in psychotherapy* (pp. 207-230). Washington, D.C.: American Psychological Association.

Knox, S., Burkard, A. W., Bentzler, J., Schaack, A., & Hess, S. A. (2006). Therapist-in-training who experience a client suicide: Implications for supervision. *Professional Psychology: Research and Practice, 37*, 547-557.

Burkard, A. W., Johnson, A. J., Madsen, M., Pruitt, N. T., Tadych, D., Kozlowski, S., & Hess, S. A. (2006). Supervisor cultural responsiveness and unresponsiveness in cross-cultural supervision. *Journal of Counseling Psychology, 53*, 288-301.  
Cited and summarized in *Clinician's Research Digest* (2006), 24 (11), 2.

Burkard, A. W., Knox, S., Groen, M., Perez, M., & Hess, S. A. (2006). European American therapist self-disclosure in cross-cultural counseling. *Journal of Counseling Psychology, 53*, 15-25.  
Cited and summarized in *Clinician's Research Digest* (2006), 24 (5), 3.

Hess, S. A., Knox, S., & Hill, C. E. (2006). Teaching graduate trainees how to manage client anger: A comparison of three types of training. *Psychotherapy Research, 16*, 292-302.

Knox, S., Schlosser, L. Z., Pruitt, N. T., & Hill, C. E. (2006). A qualitative examination of graduate advising relationships: The advisor perspective. *Journal of Counseling Psychology, 53*, 489-518.

Hill, C. E., Knox, S., Thompson, B. J., Williams, E. N., Hess, S. A., & Ladany, N. (2005). Consensual Qualitative Research update. *Journal of Counseling Psychology, 52*, 196-205.

Knox, S., Catlin, L., Casper, M., & Schlosser, L. Z. (2005). Addressing religion and spirituality in psychotherapy: Clients' perspectives. *Psychotherapy Research, 15*, 287-303.

Knox, S., Virginia, S. G., Thull, J., & Lombardo, J. P. (2005). Depression and contributors to vocational satisfaction in Roman Catholic secular workers. *Journal of Counseling Psychology, 52*, 196-205.

Knox, S., Hess, S. A., Williams, E. N., & Hill, C. (2003). Here's a little something for you: How therapists respond to clients' gifts. *Journal of Counseling Psychology, 50*, 199-210.

Knox, S., & Hill, C. E. (2003). Therapist self-disclosure: Research-based suggestions for practitioners. *Journal of Clinical Psychology/In Session, 59*, 525-539.

Schlosser, L. Z., Knox, S., Moskovitz, A. R., & Hill, C. E. (2003). A qualitative examination of graduate advising relationships: The advisee perspective. *Journal of Counseling Psychology, 50*, 178-188.

Hill, C. E., & Knox, S. (2002). Self-disclosure. In J. C. Norcross (Ed.), *Psychotherapy relationships that work: Therapist contributions and responsiveness to patients* (pp. 255-265). Oxford, England: Oxford University Press.

Knox, S., Virginia, S. G., & Lombardo, J. P. (2002). Depression and anxiety in Roman Catholic secular clergy. *Pastoral Psychology, 50*, 345-358.

Hill, C. E., & Knox, S. (2001). Self-disclosure. *Psychotherapy: Theory, Research, Practice, Training, 38*, 413-417.

Knox, S., Goldberg, J. L., Woodhouse, S., & Hill, C. E. (1999). Clients' internal representations of their therapists. *Journal of Counseling Psychology, 46*, 242-256.

Pre-Marquette:

Knox, S., Hess, S. A., Petersen, D. A., & Hill, C. E. (1997). A qualitative analysis of client perceptions of the effects of helpful therapist self-disclosure in long-term therapy. *Journal of Counseling Psychology, 44*, 274-283.

Ladany, N., O'Brien, K. M., Hill, C. E., Melincoff, D. S., Knox, S., & Petersen, D. A. (1997). Sexual attraction towards clients, use of supervision, and prior training: A qualitative study of predoctoral psychology interns. *Journal of Counseling Psychology, 44*, 413-424.

BOOKS

Knox, S., & Hill, C.





Knox, S. (2014, June). To disclose or not to disclose: Client and therapist disclosure in psychotherapy. Discussant for Panel presented at the Annual Meeting of the Society of Psychotherapy Research, Copenhagen, Denmark.

Knox, S., Butler, M., Kaiser, D., Knowlton, G., & Hill, C.E. (2013, October). Therapists' use of humor in psychotherapy. Paper presented at the Meeting of the North American Chapter of the Society for Psychotherapy Research. Memphis, TN.

Knox, S., Caperton, W., Phelps, D., & Pruitt, N. (2013, October). Supervisees' internal representations of their supervisors. Poster presented at the Meeting of the North American Chapter of the Society for Psychotherapy Research. Memphis, TN.

Knox, S. (2013, April). Best practices in supervision: Is supervision effective? If so, what makes it effective? Colloquium presented as part of the CECP Colloquium Series, Marquette University.

- Burkard, A. W., Knox, S., Clarke, R., Phelps, D., & Inman, A. (2009, August). *Difficult feedback in cross-cultural supervision*. Poster presented at the 71<sup>st</sup> Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Knox, S., Hess, S. A., Hill, C. H., & Crodlyon, R. (2009, June). Corrective relational experiences: Client perspectives. In C. Hill (Moderator), *Corrective experiences in psychotherapy: Empirical investigations of a common factor*. Panel discussion conducted at the 40<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Santiago, Chile.
- Knox, S., Hess, S. A., DuBois, R., Smith, J., & Hill, C. E. (2009, June). Clients' experiences giving gifts to therapists. Paper presented at the 40<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Santiago, Chile.
- Knox, S., Hess, S. A., Hill, C. E., & Crodlyon, R. (2008, September). Corrective relational experiences: Client perspectives. In S. Knox (Chair), *Corrective relational experiences in psychotherapy*. Panel discussion conducted at the North American Chapter of the Society for Psychotherapy Research Conference, New Haven, CT.
- Knox, S., Burkard, A. W., Janecek, J., Pruitt, N. T., Fuller, S. L., & Hill, C. E. (2008, August). Positive and problematic dissertation experiences: The faculty perspective. Poster presented at the 116<sup>th</sup> Annual Meeting of the American Psychological Association, Boston, MA.
- Knox, S., Burkard, A. W., Edwards, L., Smith, J., & Schlosser, L. Z. (2007, August). Supervisor self-disclosure in supervision. Poster presented at the 115<sup>th</sup> Annual Meeting of the American Psychological Association, San Francisco, CA.
- Hess, S. A., Knox, S., Schultz, J. M., Hill, C. E., Sloan, L., Brandt, S., Kelley, F., & Hoffman, A. (2007, June). Supervisee reluctant disclosure in supervision. In S. Knox (Chair), *Therapist, supervisor, and supervisee self-disclosure: Empirical findings and implications*. Panel discussion conducted at the 38<sup>th</sup> Annual Meeting of the Society of Psychotherapy Research, Madison, WI.
- Knox, S., Burkard, A. W., Edwards, L. M., Smith, J., & Schlosser, L. Z. (2007, June). Supervisor self-disclosure in supervision. In S. Knox (Chair), *Therapist, supervisor, and supervisee self-disclosure: Empirical findings and implications*. Panel discussion conducted at the 38<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Madison, WI.
- Knox, S., Burkard, A. W., Hess, S. A., & Schultz, J. M. (2007, June). Lesbian, gay, and bisexual supervisees' experiences of affirmative and nonaffirmative supervision. (2007, June).

- Knox, S., Burkard, A. W., Jackson, A., Schaack, A. M., & Hess, S. A. (2006, June).  
Therapists-in-training who experience a client suicide: implications for supervision.  
Poster presented at the 37<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research,  
Edinburgh, U.K.
- Knox, S., & Smith, J. (2005, November). Mental health of Roman Catholic secular clergy.  
Poster presented at Forward Thinking Poster Session and Research Exchange, Marquette



Knox, S. (2003, April). Therapist self-disclosure: Definitions, theory, and suggestions for use. Colloquium presented at Marquette University Counseling Center and at Marquette University Department of Psychology, Milwaukee, WI.

Friedman, S. M., & Knox, S. (1997, April). Career paths of graduates: Is there life after graduate school? In M.A. Hoffman (Chair), *Graduate training in counseling*. Symposium conducted at the meeting of the Eastern Psychological Association, Washington, D.C.



Knox, S., & Virginia S. G. *Depression and Anxiety among Roman Catholic Clergy*. Jesuit Conference/Social Pastoral Research Grants, Washington, D.C., 2000, (\$10,679.00).

Knox, S., & Virginia, S. G. *Depression and Anxiety among Roman Catholic Clergy*.



Michael Madson: Supervisor evaluation and feedback in the implementation of empirically supported treatments: Testing the psychometrics of the Motivational Interviewing Observation Scale.

Shirley Newcomb: Effects of misperception of ambiguous racial identity.

David Phelps: Corrective feedback in supervision.

Shannon Skaistis: Transgender and gender nonconforming psychotherapy.

Susan Stacey: Effects of anger and spirituality on Acute Stress Disorder (ASD) symptomology following traumatic injury.

Sarah Stewart: The "real" relationship in psychotherapy: Client and therapist perspectives. (Australian Catholic University).

Elizabeth Tinsley: Nondisclosure of feedback disagreement in supervision.

Bianca Tocci: Wellness in sex workers.

Jennifer Tomlin: Increasing engagement in the parenting therapy.

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